



Parent Support Services
Society of BC presents



Circle of Security Parenting



The Circle of Security Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Best suited for families with children 4 months to 12 years old.

This 8-week workshop will cover how to:

- Better understand your child's emotional world & learn to read their emotional needs
- Support your child and help them manage their emotions
- Enhance the development of your child's self-esteem
- Honour your child's wish to be secure

WHEN?

2hrs Via Zoom

Limited space available.

- Morning Session: 10am on Thursday's Starting April 28th, 2022
- Evening Session: 7pm on Thursday's Starting April 28th, 2022

Register <https://bit.ly/psscosp>

Or email: office@parentsupportbc.ca

PSS RECOGNIZES and RESPECTS all the INDIGENOUS NATIONS, TRADITIONAL LANDS & TERRITORIES that we GATHER, LIVE, WORK & PLAY ON across BC.