

Let's Talk About Teeth:

Lift the Lip



Who should lift the lip?

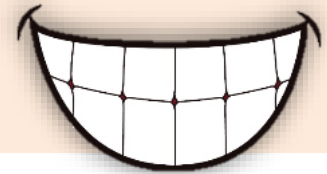
Parents and Caregivers:

- Check at least once a month.
- Look for anything new or different on their teeth.
- Lift the lip so you can see along the gum line when brushing.



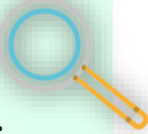
Why lift the lip?

- It's good practice for mouth care.
- Helps you see the plaque.
- Early detection of cavities.
- Can prevent costly dental treatment.
- Promotes a lifetime of healthy smiles.



What to look for...

- Healthy teeth have no brown or white spots.
- White lines along the gum line can be the start of a cavity.
- Brown, yellow spots or broken enamel can be cavities.



How to lift the lip!

- Place your child on your lap.
- Gently lift their lips so you can see the gum line of the teeth.



- Look for new teeth or changes.
- Thoroughly brush along the gum line.

