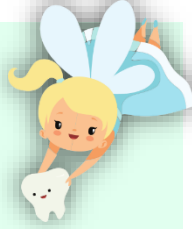


# Let's Talk About Teeth: First Dental Visit

## When should my child see the dentist?



- Schedule the first dental visit by age 1 or 6 months after their first tooth erupts.

## But my child does not have all their teeth!



- Children may not have all 20 baby teeth until they are around age 3. Tooth decay can happen as early as when the first tooth erupts.



## What to expect at the first visit...

- Exam with your child on your lap or in a knee-to-knee position.



- Discussion about mouth care and tips to prevent cavities, including fluoride use.

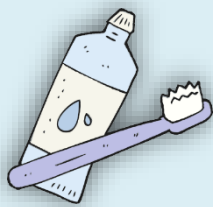
**Wiggling and crying is normal.**

**Your dental team is skilled at making the visit as quick and easy as possible.**



## Visiting the dentist early will...

- Detect any tooth problems early.
- Minimize costs.
- Establish a positive dental relationship and experience.



## Preparing for the first visit!

- Pick a time when your little one is fed and well rested; mornings may be best.
- Prepare a list of questions or concerns.
- Fill out any paperwork before the appointment.
- Talk about the first visit by reading books and role-playing with your child.

